

Mission Statement: Our mission is to nurture the healthy development of children and parents in our community. We offer resources, referrals and support to families and child care providers in western Sonoma County.

PROTEJA A SUS QUERIDOS AHOGAMIENTOS

LA REALIDAD: Todos queremos proteger y mantener seguros a nuestros niños y ayudarlos para que puedan aprovechar sus vidas al máximo. Saber cómo prevenir las causas principales de lesiones infantiles, como los ahogamientos, es un paso hacia esa meta.

Cuando la mayoría de nosotros estamos disfrutando de la piscina y la playa, las lesiones es lo último en lo que pensamos. Sin embargo, los ahogamientos son la causa principal de muertes de niños pequeños entre 1 y 4 años de edad, y tres niños mueren diariamente por ahogamientos.

Afortunadamente, los padres pueden desempeñar un papel clave para proteger de los ahogamientos a sus niños queridos

CONSEJOS PARA LA PREVENCIÓN:

COLOQUE CERCAS. Instale alrededor de las piscinas caseras una cerca de cuatro lados, con puertas de acceso de cierre automático. Con esto ayudará a mantener alejados del área a los niños en momentos en que los padres no los puedan supervisar. Las cercas para piscinas deben separar completamente la casa y el área de juego de la piscina.

HAGA QUE “SIEMPRE” SE PONGAN CHALECOS SALVAVIDAS. Asegúrese de que los niños usen siempre chalecos salvavidas, aunque sepan nadar, cuando se encuentren cerca o dentro del agua en áreas naturales como lagos y océanos

APRENDA CPR: Aprenda a realizar la reanimación cardiopulmonar (CPR, por sus siglas en inglés) y cada dos años renueve su certificación. La

reanimación cardiopulmo-nar puede salvar a un niño o ayudar a que no sufra daños cerebrales.

ESTÉ SIEMPRE ATENTO. Vigile a los niños pequeños todo el tiempo mientras se encuentren en bañeras, piscinas o sitios naturales con agua. Los adultos que supervisan a niños que estén cerca del agua deben evitar actividades que los distraigan como jugar a las cartas, leer libros o hablar por teléfono.

Por favor visite www.cdc.gov/safecchild donde encontrará podcasts, hojas con consejos e información adicional sobre las causas principales de lesiones infantiles y los pasos que puede seguir para proteger a sus niños queridos.



Las lesiones infantiles se pueden prevenir

PROTECT THE ONES YOU LOVE FROM DROWNING

THE REALITY: We all want to keep our children safe and secure and help them live to their full potential. Knowing how to prevent leading causes of child injury, like drowning, is a step toward this goal.

When most of us are enjoying time at the pool or beach, injuries aren't the first thing on our minds. Yet, drownings are the leading cause of injury death for young children ages 1 to 4, and three children die every day as a result of drowning.

Thankfully, parents can play a key role in protecting the children they love from drowning.

(This article continues on next page.)

PREVENTION TIPS:

FENCE IT OFF. Install a four-sided isolation fence, with self-closing and self-latching gates, around backyard swimming pools. This can help keep children away from the area when a parent cannot supervise them. Pool fences should completely separate the house and play area from the pool. Make life jackets a “must.”



MAKE SURE KIDS WEAR LIFE JACKETS IN AND AROUND NATURAL BODIES OF WATER, such as lakes or the ocean, even if they know how to swim.

LEARN CPR. Learn cardiopulmonary resuscitation (CPR) and get recertified every two years. CPR can help a child stay alive with little or no brain damage.

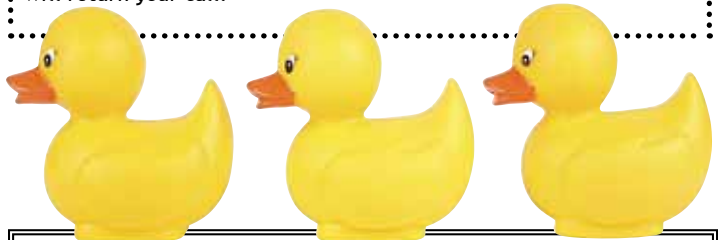
BE ON THE LOOK OUT. Supervise young children at all times around bathtubs, swimming pools, and natural bodies of water. Adults watching kids near water should avoid distracting activities like playing cards, reading books, or talking on the phone.

Please visit www.cdc.gov/safekid for podcasts, tip sheets, and other information on the leading causes of child injury and steps you can take to protect the children you love.

Child injuries are preventable

Following are the names of
River to Coast Children's Services
 Staff and their phone number extensions.
 (707) 869-3613 / from the Sonoma Coast 1-800-994-3613

- Donna Roper (Executive Director) 111
- Kellie Nunez (Operations Manager) 105
- Fran Levy (Bookkeeper) 106
- Sally Ingram (Case Management Coordinator) 109
- Soledad Cardona (Family Case Manager) 107
- Tess Lowe (Family Case Manager) 114
- Rosie Hernandez (Family Case Manager) 110
- Mendy Behrens (Child Development Resource Specialist) 117
- Cara Colombo (Child Development Resource Specialist) 112
- Olga King (Child Development Resource Specialist) 103
- Elaina Boyce (Community Resources Coordinator, Newsletter Editor) 104
- Vesta Griffith (Office/Reception) Front Desk Staff 101
- Breeze Holloway, Counseling Intern. *For an appointment, please leave message & phone number at extension 153 and Breeze will return your call.*



THANK YOU DONORS!

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- ☞ MICHAEL NICHOLLS
- ☞ PRISCILLA AND JOE VIVIO
- ☞ RICHARD PEARSON AND GLENN DIXON

<p>GOVERNOR Jerry Brown State Capitol Building Ste 1173 Sacramento, CA 95814 Phone: (916) 445-2841 FAX: (916)445-4633 Email: gov.ca.gov/interact</p> <p>UNITED STATES SENATE Senator Barbara Boxer 1700 Montgomery Street, Ste 240 San Francisco, CA 94111 Phone: (415) 403-0100 Fax: (415) 956-6701 Email: senator@boxer.senate.gov</p> <p>Senator Diane Feinstein One Post Street, Suite 2450 San Francisco, CA 94104</p>	<p>Phone: (415) 393-0707 Email: senator@feinstein.senate.gov</p> <p>CONGRESSIONAL REPRESENTATIVES Representative Mike Thompson 240 Main Street, Ste 101 Napa, CA 94959 Phone: (707)226-9898 Fax: (707)251-9800 Email: M.Thompson@mail.house.gov</p> <p>Representative Lynn Woolsey 1101 College Avenue, Ste 400 Santa Rosa, CA 95404 Phone: (707) 542-7182 Fax: (707) 542-2745</p>	<p>Email: www.house.gov/woolsey</p> <p>STATE SENATE State Senator Mark Leno 455 Golden Gate Avenue, Ste 14800 San Francisco, CA 94102 Phone: (415) 557-1300 Fax: (415) 557-1252 Email: senator.leno@sen.ca.gov</p> <p>State Senator Noreen Evans 50 D Street, Suite 120 A Santa Rosa, CA 95404 Phone: (707) 576-2771 Fax: (707) 576-2773 Email: senator.evans@sen.ca.gov</p> <p>STATE ASSEMBLY Assemblyman Wes Chesbro</p>	<p>50 D Street, Ste 450 Santa Rosa, CA 95404 Phone: (707) 576-2526 Fax: (707) 576-2297 Email: wes.chesbro@asm.ca.gov</p> <p>Assemblyman Michael Allen 50 D Street, Suite 301 Santa Rosa, CA 95404 Phone: (707) 546-4500 Fax: (707) 546-9031 Click here to contact via email.</p> <p>Assemblyman Jared Huffman 3501 Civic Center Drive, Room 412 San Rafael, CA 94903 Phone: (707)938-8157 Fax: (415)479-2123 Email: jared.huffman@asm.ca.gov</p>
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June Calendar Calendario Junio

NO Kindergym in Guerneville on 5/30 and 5/31

- ◆ 6/1: Kindergym in Forestville
- ◆ 6/5: Attendance sheets due in RCCS by 5 PM y Hoy es el día límite de las Hojas de Asistencia a las 5 PM
- ◆ 6/6 & 7: Kindergym in Guerneville, 9:45 to 12:20 at the Vets' Hall in Guerneville
- ◆ 6/8: Kindergym in Forestville
- ◆ 6/9: Provider Appreciation 6-8 PM at RCCS, RSVP to Mendy at 869-3613 x 117 before 6/2/11, reserve su lugar llamndo a Olga al 869-3613 x 103 ante 6/2/11
- ◆ 6/11: Enchanted Wine Country Evening at Korbel Champagne cellars 6-10 PM
- ◆ 6/13 & 14: Kindergym in Guerneville
- ◆ 6/15: Kindergym in Forestville
- ◆ 6/15: Board of Directors meeting / Mesa Directiva de RCCS se reúne, 6:30 at RCCS
- ◆ 6/15: Outreach Committee meeting 5:30 PM at RCCS / El comité de publicidad de RCCS se reúne de 5:30 PM en RCCS
- ◆ 6/15: Providers and Parents Workshop, Taller de proveedores y padres, "Using The Outside As A Play Based Learning Environment", 6:15 to 8:15 PM at/en RCCS, RSVP Mendy or Olga at 869-3613
- ◆ 6/17: Summer Fun Carnival at Forestville youth Park 10AM-Noon FREE for all!
- ◆ 6/20 & 21: Kindergym in Guerneville
- ◆ 6/20: Provider Payday / Día de pago de los proveedores
- ◆ 6/22: Kindergym in Forestville
- ◆ 6/27 & 28: Kindergym in Guerneville
- ◆ 6/29: Kindergym in Forestville

Office Closed July 4
oficina cerrada 04 de julio
NO Kindergym in Guerneville on
July 4 or 5

Upcoming events, don't miss them!

PROVIDERS! Save the date for a PEDIATRIC CPR/FIRST AID TRAINING

You can choose from any one of the following 2011
Saturday dates:

June 4 ♦ September 3 ♦ December 3

If you wish to sign up for one of the trainings please
contact:

Stephanie Mashek, trainer at 887-2452

AND Mendy at 869-3613 ext 117

All trainings to take place at RCCS Conference room



*Volunteer Appreciation Celebration
2011! Thank you all, glad you could
join us.*

El Divertido Carnaval de Verano:

17 de Junio, 10am-12pm
en el Forestville Youth Park.

**Juegos, diversiones, música,
premios, pintura de caras, y
más! Gratis, para los niños y
niñas de todas las edades.**

Summer Fun Carnival:

June 17, 10am-12 pm at the
Forestville Youth Park
7045 Mirabel Road in
Forestville

**Fun, games,
music, face
painting, and
prizes!!! No charge,
open to children of
all ages.**



**River to
Coast
Children's
Services**

Resources, Referrals, and Support / Recursos, Referencias, y Apoyo



For
information call
RCCS at 869-3613

West County Activities and Camps for Summer 2011

Learn to swim!

Swim Lessons Return to west Sonoma County

- SESSION 1 August 1-5 at Rio Nido Roadhouse Pool
- SESSION 2: August 8-12 at Rio Nido Roadhouse Pool
- Ages: 3 years old to adult welcomed to participate!
- Choose 1/2 hour classes starting at: 9:00 AM, 9:30: 10:00 AM and 10:30 AM.
- Cost \$2.00/lesson or \$8.00 per *entire* session
- sign up early for a preferred time because SPACE IS LIMITED**

Aprende a nadar!

RCCS tendrán clases de natación disponibles la alberca Roadhouse de Rio Nido

- Sesión 1 del 1-5 de agosto en la alberca Roadhouse de Rio Nido
- Sesión 2 del 8 - 12 de agosto en la alberca Roadhouse de Rio Nido
- Edades: ¡de 3 años para arriba, hasta adultos pueden participar!
- Escoja clases de media hora empezando de: 9:00 AM, 9:30AM, 10:00AM, y 10:30AM,
- Costo: \$8.00 por una sesión *entera*
- Inscríbase pronto para poder obtener el tiempo de su preferencia porque el espacio es limitado:**
- Call/Llame a RCCS al 707.869.3613 or email / O mandenos un mensaje por correo electrónico a info@rccservices.org

West County Activities and Camps for Summer 2011

West County Community Services Presents Adventures for Kids Summer 2011. Early Risers offers Adventures for Kids, a summer recreation and family support program. Youth and parents will have many opportunities to develop friendships, test their limits, explore nature relax and have fun! Contact Deb Holmes at 696-2254 for details.

- **Cazadero Resident Camp, Ages 8-17 years. PLANTATION FARM CAMP** Enjoy traditional camping on a working, sustainable farm. Hiking, archery, arts & crafts, swimming, boating, tidepools, cooking, horseback riding, sports and farm animal care. Two 3 1/2 week residential sessions offered. ACA and Green Certified. June 20- Aug11. Ages 8-17. \$4,300. Scholarships available. 34285 Kruse Ranch Rd., Cazadero. www.plantationcamp.com info@plantationcamp.com 510-849-1084
- **Cazadero Resident Camp, Ages 5-12 years. CAZADERO MUSIC CAMP** Residential program. Band, jazz band, orchestra, practicing techniques, leadership skills, chamber music, jazz, piano, guitar. Grades 5-12. Young musicians, June 20-25, \$780; middle school, June 28-July 9, \$1,560; June 28- July 3, \$780; July 4- 9, \$780; junior high, July 12-23, \$1,560; high school, July 26-Aug. 6, \$1,560. Early bird price reductions and scholarships available. Cazadero Performing Arts Camp, 5385 Cazadero Highway, Cazadero. www.cazadero.org 510-527-7500
- **Forestville, Ages: 9-18 years. EL MOLINO HIGH SCHOOL- WRESTLING CAMP** Featuring Some of the nations top collegiate and high school coaches. Ages 9-18. Aug. 5, 6, & 7. 9:30 a.m. to 3 p.m. \$195/ wrestler. Team & group discounts available. El Molino High School- Covey Rd., Forestville. gduumas@earthlink.net 707-824-4846
- **Gualala, Grades: preK - 8. GUALALA ARTS - SUMMER ART PROGRAM FOR YOUTH** Creative arts & crafts, ceramics, environmental art, performance art, and culinary art. Register online. Grades Pre-K - 8. Multiple sessions available from July 12- 22. \$195-\$295. Scholarships available. 46501 Gualala Rd., Gualala. GualalaArts.org info@GualalaArts.org 707-884-1138
- **Occidental, Ages: 10-12 years. OCEAN SONG FARM AND EARTHWAYS FOUNDATION - COYOTE CHANGES** Full day ropes course, nature exploration, swimming, and teambuilding. Thursday overnight features primitive technologies, wildcrafting, animal awareness, storytelling, creative arts, wilderness skills, and basic carpentry. Ages 10-12. June 27- July 1. M-W, 9 a.m. to 4 p.m. Thursday 9 a.m. to Friday at 3 p.m. \$355-\$395. 19100 Coleman Valley Rd., Occidental. www.oceansong.org 707-570-6873
- **Occidental Resident Camp, Grades: 2-12. WESTMINSTER WOODS** Residential Camp featuring outdoor adventures, arts & crafts, swimming, and games. Grades 2-12. Multiple sessions available from June 26- July 30. \$275-550. Camperships available. 6510 Bohemian Hwy., Occidental. www.westminsterwoods.org info@westminsterwoods.com 707-874-2426
- **Occidental, Ages: 5-12 years. OCEAN SONG FARM - COYOTE CAMP** Wilderness exploration, bird language, tracking, sustainable living skills, nature games, storytelling, organic gardening, creative arts, community building, swimming, music, dance, and wildcrafting. Ages 5-12. July 4- 29, M-F sessions. Each week has a different theme. 9 a.m. to 4 p.m. \$265- \$325/ week. Scholarships available. 19100 Coleman Valley Rd., Occidental. www.oceansong.org anniek@oceansong.org
- **Sebastopol, Ages: 5 to 12 years. SEBASTOPOL COMMUNITY CULTURAL CENTER- EARTH CAMP COLLECTIVE** Summer Day Camp located on Laguna Farm. Activities include organic gardening, Laguna de Santa Rosa hikes and exploration, eco-crafting, games and more. Ages 5 - 12. June 13- Aug 19. M-F sessions. 9 a.m. - 3 p.m. \$220 (early) - \$260/ session. 1725 Cooper Rd., Sebastopol. www.earthcamp.org/ info@earthcampcollective.org 707-824-1600
- **Sebastopol, Grades: K-5. SEBASTOPOL COMMUNITY CULTURAL CENTER- SUN CAMP** Swimming, arts & crafts, cooking, outdoor sports, games and fun special guests. Weekly fieldtrips to the

Follow me to Kindergym ! ¡ Sigueme a Kindergym !



River to Coast Children's Services now offers Kindergym in Forestville! Starting Wednesday, Feb 2, 2011

- When:** Wednesdays from 9:30 AM to Noon
- Where:** The United Methodist Church, 6550 Covey Road (near the intersection of Hwy 116 and Covey Road in downtown Forestville)
- Who:** Designed for children ages 0 to 5 years, child must be accompanied by their parent/guardian/adult childcare provider
- Why:** To have FUN while developing friendships, connecting with community resources, learning parenting skills, and the latest about Child Development, Health, Nutrition and Safety. **FREE! But donations are gladly accepted!**

River to Coast Children's Services ofrece ahora Kindergym en Forestville!

A partir Miércoles, 02 de febrero 2011

- Cuándo:** Los Miércoles 9:30 AM hasta el mediodía
- Dónde:** En la Iglesia Metodista Unida, 6550 Covey Road (cerca de la intersección de la carretera 116 y calle Covey en el centro de Forestville)
- Quién:** Diseñado para niños de 0 a 5 años, el niño debe estar acompañado por sus padres, tutores o adulto proveedor de cuidado de niños
- Por qué:** Para divertirse al mismo tiempo que desarrollo amistades, conectándose con recursos de la comunidad, aprendiendo técnicas de crianza, y lo última sobre el Desarrollo del Niño, Salud, Nutrición y Seguridad. **¡GRATIS! Pero las donaciones son aceptadas con gusto.**



Call 869.3613 for more information
Llame al 869.3613 para obtener más información



Follow me to Kindergym ! ¡ Sigueme a Kindergym !



River to Coast Children's Services offers Kindergym in Guerneville

- When:** Monday and Tuesday from 9:45 AM to 12:20 PM
- Where:** The Guerneville Veterans' Hall, corner of 1st and Church Street in downtown Guerneville.
- Who:** Designed for children ages 0 to 5 years, child must be accompanied by their parent/guardian/adult childcare provider
- Why:** To have FUN while developing friendships, connecting with community resources, learning parenting skills, and the latest about Child Development, Health, Nutrition and Safety. **FREE! But donations gladly accepted**

River to Coast Children's Services ofrece Kindergym en Guerneville!

- Cuándo:** Lunes y martes empezando a las 9:45 AM hasta 12:00 PM
- Dónde:** En el Guerneville Veterans' Hall, en la esquina de 1st y Calle Church.
- Quién:** Diseñado para niños de 0 a 5 años, el niño debe estar acompañado por sus padres, tutores o adulto proveedor de cuidado de niños
- Por qué:** Para divertirse al mismo tiempo que desarrollo amistades, conectándose con recursos de la comunidad, aprendiendo técnicas de crianza, y lo última sobre el Desarrollo del Niño, Salud, Nutrición y Seguridad. **GRATIS, pero las donaciones son aceptada con gusto.**



Call 869.3613 for more information
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- beach, Mortons Warm Springs, bowling, skating, and more. Grades K-5. June 6- Aug. 19. Two day minimum. M-F sessions. 9 a.m. to 3 p.m. \$25/day, Extended care available, \$35/day. Scholarships available. Garzot/Duffield Bldg., 7985 Valentine Ave., Sebastopol. www.seb.com shelley@seb.com 707-823-1511
- **Sebastopol, Grades: K-5. SEBASTOPOL UNION SCHOOL DISTRICT- CAMP CASTLE** Weekly field trips to Angel Island, the Oakland Zoo, Westminster Woods, Expedition Island and others. Swimming, waterslides, fused glass, local walks, arts & crafts, cooking, sports, and more. Grades K - 5. June 7- Aug. 19. M-F, 7 a.m.-6 p.m. \$64/2 days - \$145/5 days, plus field trip fees. 7450 Bodega Ave., Sebastopol. www.sebastopolschools.org/castlechildcare.html castle@sebusd.org 707-829-4578
 - **Sebastopol, Ages: Preschoolers. TREE HOUSE HOLLOW - SUMMER ECO-CAMP FOR PRESCHOOLERS** Nature-based outdoor camp experience. Activities include: solar energy, gardening and cooking from the garden, adventures in the creek, swimming, fairy houses, and more. For Preschool aged children. June 4- July 28. Weekly, M-Th sessions. 9 a.m. to 1 p.m. \$140/ week or \$1000 for 8 weeks. 700 Water Trough Rd., Sebastopol. www.treehousehollow.com thh@sonic.net 707-823-1958
 - **Sebastopol, Grades: 1-5. APPLE BLOSSOM SUMMER CAMP** Arts & crafts, swimming, field trips, outdoor sports, gardening and more. Grades 1-5. Weekly themes. June 6- Aug. 10. M-F 7 a.m.-6 p.m. Two day minimum. \$48-130/wk. Extra Fees: \$25 registration fee, field trips, swimming & t-shirt. After care available. 700 Water Trough Rd., Sebastopol. kstill@twinhillsusd.org 707-823-3463
 - **Sebastopol, Grades: K-6. CAMP QUEST** Games, crafts, swimming, field trips, theme-weeks, and more! Grades K-6. June 6- Aug. 19. M-F 9 a.m. - 4 p.m. Extended care available. Day to day signup available. \$25/day or \$100/wk. 7789 Healdsburg Ave., Sebastopol. www.SebastopolChristianSchool.org christinesivill@aol.com 707-823-2754
 - **Sebastopol, Ages 5-11 years. MIGHTY OAKS SUMMER CAMP** Our philosophy that learning and play go hand-in-hand is supported by our thematic projects, games, crafts, bike riding, and field trips (including swimming every week). Ages 5-11. June 13- Aug. 5. 9 a.m. to 3 p.m. with extended care available from 7 a.m. to 6 p.m. \$60- \$160/wk. Oak Grove School, 8760 Bower St., Sebastopol. dboden@ogusd.org 707-823-4040
 - **Sebastopol, Grades: 1-6. SEBASTOPOL COMMUNITY CULTURAL CENTER- SUMMER ART CAMP** WITH NANCY RICCIARDI Come paint, draw, sew and explore. Inside, out-side, flat work and 3D. Each week a new adventure no two weeks will be the same. Artists will work at their own pace. A seven week series. Weeks 1-4 in Santa Rosa, and weeks 5-7 in Sebastopol. Grades 1-6. June 20- Aug 4. M-Th. 9 a.m. to 3 p.m. \$65 per class per week. Max. 3 classes per day. Scholarships available 2311 Horseshoe Dr., Santa Rosa. 3840 Twig Ave., Sebastopol. , . www.riverworksart.com 707-829-9281
 - **Sebastopol, Auditions required. THE GREAT BURRO STUDIOS- FUNK SOUL HORNS CAMP** Visit the great soul horn sections of the past and the present, while playing in your own band. One-week camp for horn players and rhythm musicians. Similar to Rock Band camp with focus on Funk, Soul, and Rhythm & Blues. Audition required. June 6- Aug. 12. \$420 + \$25 materials fee. ALSO: THE GREAT BURRO STUDIOS- ROCK BAND CAMP Interactive music workshop with resident artist. Students are assigned a position in a band according to their instrument, age, and experience. Audition required. June 6- Aug 12, multiple sessions available. \$420 + \$25 materials fee. 3598 Gravenstein Hwy S., Sebastopol. www.thegreatburrostudios.com thegreatburro@gmail.com 707-829-5668
 - **Sebastopol, Ages: 13-17 years. THE GREAT BURRO STUDIOS- DIVA CAMP** Music business, theory and musicianship, vocal technique, and songwriting. For aspiring singers and songwriters, ages 13-17. June 6- Aug. 12. 3598 Gravenstein Hwy S., Sebastopol. www.thegreatburrostudios.com thegreatburro@gmail.com 707-829-5668
 - **Sebastopol, Ages 10-14 years. TAIKO AND JAPANESE CULTURE CAMP** Taiko drumming and exploration of Japanese culture. Session 1: Ages 7-12. July 18-22. Introductory session which offers a wide variety of activities such as music language, games, folklore, origami, crafts and food. Session 2: Ages 10-14. July 25- 29. Advanced session which presents similar activities in a theme format. \$225- 250/ session. Memorial Hall at Enmanji Buddhist Temple, 1200 Gravenstein Hwy., Sebastopol. www.sonomacountytaiko.org info@sonomacountytaiko.org 707-575-0723
 - **Sebastopol, Ages 7-14 years. WILLOW SPRING SUMMER DRAMA CAMP** 3 week drama camp including all aspects of production: dialog & script development, costumes, set design and construction, props, music, vocals, song writing and sound effects. No previous theater experience necessary. Ages 7- 14. June 21-July 8. Tu-F. 9:30 a.m. to 2 p.m. Final performance on Friday evening. \$550. 565 Watertrough Road, Sebastopol. www.Willowspringschool.com sarahvoor@aol.com 707 829 0132
 - **Sebastopol, Ages 6-16 years. ICSSOMA FARM - HORSE SUMMER CAMP** Riding, vaulting, jumping, trails, natural horsemanship, ground work, grooming, information on horse rescue, horses in art, & more. Ages 6-16. CIT (counselors in training programs for those 13 & up.). June 13- Aug. 1, M-F, 9 a.m.- 2:30 p.m. Optional overnights Thursday evenings. \$325/session. After care, discounts, and scholarships available. 11114 Falstaff Rd., Sebastopol. www.welltrainedhorses.com sj@welltrainedhorses.com 707.829.3600
 - **Sebastopol, Ages: 6 years and Up. APPLECREEK EQUESTRIAN SUMMER CAMP** All about horses, horseback riding and more. All disciplines covered, all levels welcome. Ages 6 & up. June 20- Aug. 27. M- F, 9 a.m.-1 p.m. extended care available. \$250/week. 1807 Hwy. 116 South., Sebastopol. www.applecreekstables.com beauelagance@aol.com 707-829-02804
 - **Sebastopol, Ages: 6-12 years. POINT WEST EQUESTRIAN CENTER SUMMER DAY CAMP** Ride horses every day. Learn horsemanship and safety. Enjoy outdoor activities and craft projects. Ages 6-12. June 13- Aug 12. 3:1 camper to staff ratio. Sessions run M-F 9 a.m. to 2:30 p.m.. \$295. 4184 Blank Rd., Sebastopol. pointwesthorsecamp.com 707-694-2518
 - **Resident Camp Sebastopol, Grades: 1-12. MT. GILEAD BIBLE CAMP** Residential camp featuring a dueling zipline, climbing wall, huge slip n' slide, crazy field games, and chapel time. Mt Gilead runs 7 camps each summer, and is affiliated with the American Missionary Fellowship. Camp sessions divided by grade level. Grades: 9-12: June 12-18 and July 24-30. Grades 7-8: June 19-25 and July 17- 23. Grades 4-6: June 26- July 1 and July 10-15. Grades 1-3: July 5, 6 and 7. \$39-\$411. See website for details. 13485 Green Valley Rd., Sebastopol. www.mtgilead.org info@mtgilead.org 800-576-4508
 - **Sebastopol, Grades: 8-12. ANALY HIGH SCHOOL- ADVANCED VOLLEYBALL CAMP** Skills will be taught at a faster pace in competitive game like situations. Grades 8-12. August 8-11. 9 -11:30 a.m. and 12:15- 2:30 p.m. \$150- \$170. 6950 Analy Ave., Sebastopol. www.analy.org go to athletic web page and go to volleyball link beckyolson8@yahoo.com 707-529-6702
 - **Sebastopol, Ages: All. ANALY HIGH SCHOOL- BADMINTON CAMP** For players of all ages and all levels. June 6-9. 6 to 8 p.m. \$50. 6950 Analy Ave., Sebastopol. nwilliams.ahs@wscusd.k12.ca.us 707-824-2389
 - **Sebastopol, Grades: K-12. ANALY HIGH SCHOOL- BADMINTON DROP- IN** Drop in badminton play on Tuesday nights June 7, 14, 21, 28 & July 5, 12, \$3 for K-12 students. \$5 for adults. 6950 Analy Ave., Sebastopol. nwilliams.ahs@wscusd.k12.ca.us 707-824-2389
 - **Sebastopol, Grades: 6-9. ANALY HIGH SCHOOL- SUMMER BASKETBALL CAMPS- SESSION 1** Practice the individual skills of basketball with an emphasis on passing, shooting, and dribbling. Grades 1-5. June 13- 16. 9 to 11 a.m. \$100 per camper; \$150 family (two campers. AND, **ANALY HIGH SCHOOL- SUMMER BASKETBALL CAMPS- SESSION 2** Emphasizes the skills of passing, shooting, dribbling, and defense. Introduction to team play. Grades 6-9. June 13- 16. 12 to 3 p.m. \$100 per camper; \$150 family (two campers). 6951 Analy Ave., Sebastopol. www.analyhighschool.org/athletics/winter-sports/girls-basketball/ javadylan@yahoo.com 707-477-9913
 - **Sebastopol, Grades: 1-8. ANALY HIGH SCHOOL- VOLLEYBALL CAMP** Covers the basic skills of passing, setting, hitting and serving. Grades 1-8. August 1-4. 9- 11:15 a.m. and noon- 2 p.m. \$125-145. 6950 Analy Ave., Sebastopol. www.analy.org go to the athletic web page click on volleyball link beckyolson8@yahoo.com 707-529-6702
 - **Sebastopol, Ages: 7-12 years. SEBASTOPOL COMMUNITY CULTURAL CENTER- FENCING CAMP FOR KIDS** En Garde Fencing presents an introductory camp on swordfighting. One week of fencing, cross-training, games and more. All equipment is provided for free. Bring a bag lunch. Dress in shorts or sweats and wear tennis shoes. Ages 7-12. July 25-29. M-F. 10 a.m.- 2 p.m. \$150/ session. 390 Morris St., Sebastopol. www.egfencing.com/camps.php camps@egfencing.com 707-433-8102
 - **Sebastopol, Ages: Call. SOCCER SUMMER TRAINING CAMP** Soccer training with skills, drills, and scrimmaging. M-Th, June 13- 16. Th-Su, July 7- July 10. Th-Su July 28-July 31. 9 a.m. to noon. \$85. AND: **SPEED TRAINING CAMP WITH XCEL SPEED TRAINING** Combination of drills, exercises and mental techniques to create efficient movement. June 26- July 17. 8:30 to 10:45 a.m. \$37/ session. Multiple sessions available. Twin Hills School, 1685 Water Trough Rd., Sebastopol. www.wescosoccer.org soccer@sonic.net 707-823-2443
 - **Sonoma Coast, Ages: 5 to 12 years. SEA PATH ADVENTURES- CAMPS AT LAWSON'S LANDING AND DILLON BEACH** Exploring, learning about our natural habitat, singing camp songs, roasting marshmallows, fishing, clamming and kiting. Transportation is provided. 6 campers/ 1 staff member. Multiple sessions from June 13- Aug. 8., M-F, 8 a.m.- 5 p.m. \$300. After care and scholarships available. Camp Estrella: ages 5-6. Camp Abalone: Ages 7-8. Camp Ballena: Ages 9-10. Camp Egret: Ages 11-12. P.O. Box 2770, Petaluma. www.seapathadventures.org founder@seapathadventures.org 707-283-1378
 - **West Santa Rosa, Ages 6-12 years. SUMMERFIELD WALDORF SCHOOL & FARM- ART SUMMER CAMP** Art projects with different media, walks in nature and stories. Ages 6-12. from June 13-17; June 20-24 and/or June 27-July 1 from 9 a.m. - 1 p.m. \$195. Aftercare and scholarships available. 655 Willowside Rd., Santa Rosa. kuprian@sonic.net 707-542-3606
 - **West Santa Rosa, Ages: 9-Up. SUMMERFIELD WALDORF SCHOOL & FARM- CIRCUS CAMP** Clowning, juggling, trapeze, acrobatics, tightrope, stilts, unicycles, rolling globe, costumes, mask making, make-up, magic and more. Ages 9-99. Beginner to Advanced, June 13- July 1. M-F, 8:30 a.m. to 1p.m. (Advanced until 2 p.m.). One overnight Sat, June 25. \$460 for two weeks. 655 Willowside Rd., Santa Rosa. www.summerfieldwaldorf.org waldorfcircus@gmail.com 707-575-7194
 - **West Santa Rosa, Ages: 4-9 years. SUMMERFIELD WALDORF SCHOOL & FARM- FARM CAMP** Animal care, farm work, herb & nature walks, cooking, baking, crafts, stories, plays, games, music, and singing. Ages 4-9. Six one week sessions, June 20- July 29. M-F. 8:30 a.m.- 1 p.m. \$235/wk. Aftercare available. 655 Willowside Rd., Santa Rosa. www.summerfieldwaldorf.org karen@summerfieldwaldorf.org 707-575-7194
 - **West Santa Rosa, Ages: Call. SUMMERFIELD WALDORF SCHOOL & FARM- PERMACULTURE CAMP** Sustainable living skills, expressive arts, gardening, cooking, composting, animal husbandry, herbal crafting, solar energy, story-telling, eco-art and more. Two one-week sessions, July 4-15. M-F. 8:30 a.m. to 3 p.m. \$275/wk. 655 Willowside Rd., Santa Rosa. www.summerfieldwaldorf.org karen@summerfieldwaldorf.org 707-575-7194
 - **West Santa Rosa, Ages 6-14 years. EUROPEAN PONY SCHOOL** Riding and horsemanship for kids ages 6-14. Multiple sessions available from April 18- Aug. 19. Full day camps: 9 a.m. to 3:30 p.m. with after care available until 6 p.m., \$345. Mini camps: 9 a.m. to 12:30 p.m., \$225. Inquire for session dates. 3184 Guerneville Rd., Santa Rosa. www.europeanponyschool.com tracy@srequestrian.com 707-546-7669

**Attention Parents and Child Care Providers:
Child Care Budget Changes and Reforms (Effective 7/1/ 2011)
that could affect you!!**

15% Across-the-Board Reduction - The budget approved a 15% across-the-board reduction to all contract types, including preschool in order to generate a savings of \$267 million in Proposition 98 savings.

Deprioritization of care for 11-12 Year Old Children - The budget approved a deprioritization of services for 11-12 year old children during traditional hours. However, the budget did approve child care for 11-12 year old children during non-traditional hours and exempted those children who are disabled, at risk of abuse, or homeless. This proposal will generate \$38.5 million in Proposition 98 savings.

Reduction in Family SMI- The budget approved a reduction in the family State median income (SMI) from 75 percent down to 70 percent. This proposal is projected to generate \$30 million in Proposition 98 savings.

Reduction of the Licensed-Exempt Provider Rate- The budget approved a reduction in the licensed-exempt provider rate from 80 percent of the licensed rate down to 60 percent. This change will generate \$44.1 million in Proposition 98 savings.

Family Fee Increase- The budget approved an across-the-board 10% family fee increase on existing fees that families are currently paying.

Elimination of Funding for Centralized Eligibility List. The FY 11-12 budget bill (not yet signed) Approves the elimination of funds to the Centralized Eligibility List and the transfer of funds to direct child care services. While the funding was eliminated the education code establishing the CEL was not eliminated.

Free Tax Preparation Assistance Program Success!

Forty families signed up with the United Way “Earn It! Keep It! Save It!” free tax prep assistance program at RCCS that ended April 16th. Volunteer tax preparers helped families apply for available tax credits such as the Earned Income Tax Credit (EITC/EIC) and the Child Tax Credit. Thirty nine families received credits, with twenty families receiving Earned Income Tax Credit, averaging \$1,180 each. Eighteen families received Child Tax Credits, averaging \$1,073 each.

Thanks to the volunteer tax preparers, Dan Barwick and Jackie Alvarado, West County families received Over \$55,000 back into their household budgets!

ALGUNOS PUNTOS DE NUESTRA POLIZA DE REFERENCIAS

La poliza de referencias de RIVER TO COAST CHILDREN'S SERVICES respeta la preferencia de los padres. La responsabilidad de escoger el cuidado de niños es de los padres. Asistimos a los padres a encontrar la variedad más amplia de cuidado de niños que se ofrece y ofrecemos información para evaluar el cuidado de niños. Una recomendación de RCCS no significa una garantía de calidad. Les pedimos a los padres que hagan una entrevista cuidadosa y que examinen las recomendaciones antes de que dejen un niño al cuidado de otra persona.

Padres que están buscando información acerca de quejas previas de una casa o centro con licencia para cuidar niños, pueden llamar a Community Care Licensing tel. 588-5026.

Para registrar una queja llamen al mismo número al River to Coast Children's Services. 707.869-3613.

OUR REFERRAL POLICY

River to coast children's services' referral policy is based on respecting parental choice. Responsibility for selecting child care rests with each parent. RCCS assists parents in finding the widest range of available child care and offers information to help families evaluate available child care options. A RIVER TO COAST CHILDREN'S SERVICES referral is not a recommendation or a guarantee of quality care. Parents should carefully interview and check references of potential child care providers before leaving a child in their care.

For Information on all licensed family child care homes and centers call Community Care Licensing at 707.588.5026

River to Coast Children's Services. 707.869-3613.  info@rccservices.org  <http://www.rccservices.org>



Vamos a Nadar



American Red Cross
Serving Sonoma, Mendocino
and Lake Counties

La Cruz Roja Americana de los Condados de Sonoma, Mendocino y Lake quiere invitar a la comunidad a participar en el octavo evento anual "Vamos a Nadar."

Una clase de natacion gratis para los niños (no niños menores de 5 años)

Clase de prevencion de accidentes acuaticos para los adultos

The American Red Cross, Sonoma, Mendocino & Lake Counties, invites the community to the eighth annual "Let's Go Swimming" event.

What: ONE FREE SESSION OF SWIM LESSON FOR THE KIDS (no children under 5 years of age) FREE WATER SAFETY FOR THE PARENTS

6 LOCALIDADES

6 LOCATIONS

AS of 5/25/11: / April 30: Healdsburg (Closed) / May 22: Santa Rosa (Full) / June 4: Rohnert Park (Open for residents only / Abierto solo para residentes) / June 11: Fort Bragg (Open for residents only / Abierto solo para residentes) / June 18: Sebastopol (Open for residents only / Abierto solo para residentes) /

July 10: Windsor (Full) / July 16: Cloverdale (Open for residents only / Abierto solo para residentes)

online registration http://www.arcsm.org/Vamos_A_Nadar.php

Sabado, 4 de Junio Piscina Honeybee, Rohnert Park
9:00 am a 12:00 pm

Sabado, 18 de Junio Piscina Ives, Sebastopol
9:00 am a 12:00 pm

Domingo, 10 de Julio Piscina de Windsor
9:00 am a 12:00 pm

Sabado, 16 de Julio Piscina de Cloverdale
10:00 am a 1:00 pm

Saturday, June 4 Honeybee Pool, Rohnert Park
9:00 am to 12:00 noon

Saturday, June 18 Ives Pool, Sebastopol
9:00 am to 12:00 noon

Sunday, July 10 Windsor Pool
9:00 am to 12:00 pm

Saturday, July 16 Cloverdale Pool
10:00 am to 11:00 pm

Traiga a la familia y no se olvide del traje de baño para los niños

AL FINAL, SE DARAN CUPONES DE DESCUENTO PARA CLASES DE NATACION EN LOS CENTROS ACUATICOS DE SANTA ROSA, SEBASTOPOL, ROHNERT PARK, WINDSOR, Y HEALSBURG.

POR FAVOR CONTACTE A LA CRUZ ROJA AMERICANA PARA RESERVAR SU CUPO (CUPO LIMITADO) (707) 577-7624 O ARCSM.ORG

Bring the family, and bring swimsuits for the kids.

DISCOUNT COUPONS WILL BE AVAILABLE FOR SWIM LESSONS IN SANTA ROSA, SEBASTOPOL, WINDSOR, HEALSBURG AND ROHNERT PARK.

PLEASE CONTACT THE AMERICAN RED CROSS TO REGISTER FOR THIS EVENT. (LIMITED SPACE) (707) 577-7624 OR ARCSM.ORG

Thanks to our Human Race Walkers and Supporters.
RCCS: 35 years and STILL running for children.



Carmen Garcia, Jeamy & Aliyah,
Guadalupe Garcia & Christian,
Oralia Perez & Jose
Carmen Flores & Sara
Alicia Montano, Andres, Alicia & Ariana
Imelda Montano & Hernan,
Rosy Araiza, Edith & Abigail

Viki Vedder, Tomas & Andres
Hermila Figueroa, Diego & Salvador
Soledad Cardona
Donna Roper
Glenn Cooper & Wally
☺☺☺☺☺☺
You are SUPER!!



Resources, Referrals & Support ❖ Recursos, Referencias y Apoyo

P.O. Box 16
Guerneville, CA 95446

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Visit us on Facebook:

<https://www.facebook.com/pages/River-to-Coast-Childrens-Services/127020487310961?v=wall>



visit us online at <http://www.rccservices.org>



Addendum to Handbook

Our Service Delivery Area. RCCS' service area includes the West Sonoma County Union High School district, the Sonoma County portion of Shoreline Unified School District and the Kashia Reservation School District.

For AP funding: For families in the Alternative Payment Programs, either the care must be used OR the family must live in the service area described above.

For CFCC Funding: For families in the Family Child Care (CFCC) programs, child care must be provided by our contracted providers in the RCCS Family Child Care Network

Your case manager will share network providers with you.

River to Coast Children's Services

P.O.Box 16/16300 1st St.
Guerneville, Ca 95446
(707)869-3613
Fax(707) 869-2616
email: info@rccservices.org
<http://www.rccservices.org>

River to Coast Children's Services
Sirviendo el Oeste del Condado de Sonoma
con:

- Referencias para el Cuidado de Niños
- Recursos para los Niños y sus Familias
- Apoyo para los Proveedores del Cuidado de Niños
- Ayuda Monetaria para el Cuidado de Niños
- Programa de suministros de Emergencia
- Gimnasio para Niños en Guerneville
- Programa de Asientos de Seguridad
- Programa de Conserjería

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River to Coast Children's Services
Serving west Sonoma County with:

- Help paying for child care
- Referrals for child care
- Resources for children and their families
- Support for child care providers
- Emergency Resources Program
- Kindergym and Infantgym in Guerneville
- Car Safety Seat Program
- Counseling Program for children and their families