



Resources, Referrals, and Support / Recursos, Referencias, y Apoyo

Mission Statement: Our mission is to nurture the healthy development of children and parents in our community. We offer resources, referrals and support to families and child care providers in western Sonoma County.



Observations on Nurturing Brain Development

Mendy Behrens, Child Development Resource Specialist, RCCS

As child development resource specialist, I am in a unique position to see many children in diverse child care settings. After several years of doing home visits, and observing many children, I have observed a variety of approaches used by providers that seem to

best facilitate learning among young children.

There are providers who have a keen sense of developmentally appropriate activities for the children in their care. They probably do not say to themselves "Hmmm, I think Henry is firing neurons in the brain that are facilitating the growth of synapses in the brain". But, this child care provider probably does recognize when a child has made a cognitive leap, or is ready to make that leap, and how she can best help that child along.

For example, we have all seen the child who has the chance to use scissors. When they figure out how to cut paper they will sit at the table and make a big pile of little pieces of cut paper. The child is focused on this and seems to not tire of the activity. She has a look of concentration that I call "in the zone". This child is doing exactly what she needs to do at that time of cognitive development. She is firing neurons in the area of the brain that she needs for next, more complex, tasks at hand.

While the subject of brain development is vast, we are able to notice a few constants that are important:

- Children have an innate sense of what they need to do at the time, to develop cognitively for their level of development. If the provider offers a "discovery environment" in a play based program, the child will tend to gravitate to the activities that they need for growth at that time. We have all noticed when a child will want to play the same activity every day. It is almost as if they crave it.

Observaciones Acerca de la Crianza y el Desarrollo del Cerebro

Mendy Behrens, Especialista del Desarrollo Infantil, Recursos, RCCS

Como un especialista del desarrollo infantil, estoy en una posición especial al poder observar a muchos niños en guarderías diversas. Después de varios años de estar haciendo visitas a guarderías en hogares, y de observar a muchos niños, he observado una variedad de formas que los proveedores usan para facilitar de una mejor manera el aprendizaje entre los niños pequeños.

Hay proveedores que tienen un sentido agudo para desarrollar actividades apropiadas para los niños en su cuidado. Probablemente no dicen a sí mismos "hmmmm, creo que Henry está activando las neuronas en el cerebro que están facilitando el crecimiento de las sinapsis en el cerebro". Sin embargo, este proveedor de cuidado de niños, probablemente reconoce cuando un niño ha hecho un salto cognitivo, o está listo para dar este salto, y así, el proveedor le puede ayudar.

Por ejemplo, todos hemos mirado al niño que tiene la oportunidad de usar las tijeras. Cuando aprende a cortar papel, se sentara a la mesa y hará un gran montón de pedacitos de papel. El niño se enfoca y no párese cansarse de esta actividad. Tiene una mirada a la que yo le llamo "en la zona". Este niño esta haciendo exactamente lo que necesita estar asiendo durante el tiempo del desarrollo cognitivo. El niño esta activando neuronas en el área del cerebro que necesitara para siguientes trabajos más complicados.

Aunque el objeto del desarrollo del cerebro es inmenso, podemos notar algunos constantes que son importantes

- los niños tienen un sentido innato de lo que tienen que hacer en ese momento, para desarrollar cognitivamente su nivel de desarrollo. Si el proveedor ofrece un "ambiente de descubrimiento" en el programa basado en juegos, los niños tendrán una tendencia a hacer más fuertes las actividades que necesitan para el crecimiento en ese momento. Todos hemos notado cuando un niño desea jugar una actividad todos los días, casi como un antojo.
- Actividades físicas están directamente



- Physical activities are directly related to cognitive growth. A good example is the bi-lateral movement necessary for a child to use when riding a pedaled tricycle outside. While the child is developing muscle tone, he is also developing brain growth. It is essential to a child's cognitive growth that they are able to enjoy brisk outdoor play frequently.
- There are some activities that are designed as pre-math, pre-writing, and pre-reading activities that are tried and true for stimulating the area of the brain that is needed for these functions. For example, if children have the opportunity to do sorting by color, categorizing, and sorting by size, as part of their kindergarten readiness program. They are essentially wiring the brain for math that they will start using when they are a little older. The more children are read to, the more inclined they are to be readers. The more children are given the opportunity to scribble as preschoolers the more prepared they are to

write when it is time.

- And last, there is so much research to indicate the correlation between nurturing and brain development. When children feel safe, capable, and loved, they are more able to achieve the level of cognitive development they will use for the rest of their lives.
- This is a simplistic view of a very complex subject. I cannot close with out mentioning a couple of pertinent things that are known to inhibit cognitive growth in young children. One is the effect of too much screen time. Most children spend too much time in front of the T.V. The other is the effect of well meaning parents who push their children academically and over stimulate them to the point where cognition actually slows down.



Follow me to Kindergym ! ¡ Sigueme a Kindergym !

River to Coast Children's Services now offers
Kindergym in Forestville!

Starting Wednesday, Feb 2, 2011

When: Wednesdays from 9:30 AM to Noon

Where: The United Methodist Church, 6550 Covey Road (near the intersection of Hwy 116 and Covey Road in downtown Forestville)

Who: Designed for children ages 0 to 5 years, child must be accompanied by their parent/guardian/adult childcare provider

Why: To have FUN while developing friendships, connecting with community resources, learning parenting skills, and the latest about Child Development, Health, Nutrition and Safety.

FREE! But donations are gladly accepted!

River to Coast Children's Services ofrece ahora
Kindergym en Forestville!

A partir Miércoles, 02 de febrero 2011

Cuándo: Los Miércoles 9:30 AM hasta el mediodía

Dónde: En la Iglesia Metodista Unida, 6550 Covey Road (cerca de la intersección de la carretera 116 y calle Covey en el centro de Forestville)

Quién: Diseñado para niños de 0 a 5 años, el niño debe estar acompañado por sus padres, tutores o adulto proveedor de cuidado de niños

Por qué: Para divertirse al mismo tiempo que desarrollo amistades, conectándose con recursos de la comunidad, aprendiendo técnicas de crianza, y lo última sobre el Desarrollo del Niño, Salud, Nutrición y Seguridad.

¡GRATIS! Pero las donaciones son aceptadas con gusto.



Call 869.3613 for more
information

Llame al 869.3613 para obtener
más información

Helping Children Grow



River to
Coast
Children's
Services

Resources, Referrals, and Support / Recursos, Referencias, y Apoyo



relacionadas con el crecimiento cognitivo. Un buen ejemplo es el movimiento bilateral que es necesario para que un niño maneje y pedalee una bicicleta o un triciclo. Cuando el niño está desarrollando el tono muscular, también desarrolla el crecimiento del cerebro. El crecimiento cognitivo del niño es esencial para que pueda disfrutar jugar afuera frecuentemente.

- Hay algunas actividades que se han diseñado como pre-matemáticas, pre-escritura, pre-lectura y actividades que son tratadas y verdaderas para estimular la zona del cerebro que se necesita para estas funciones. Por ejemplo, si los niños tienen la oportunidad de clasificar por color, categoría, y tamaño, como parte de su programa de preparación para kindergarten. Esto conectará el cerebro con las matemáticas cuando las empiecen a usar cuando sean un poco más mayores. Cuanto más se les lee a los niños, lo más inclinados serán a ser lectores. Cuanto más

se les deje hacer garabatos a los niños cuando sean preescolares, estarán más preparados para escribir cuando sea el momento.

- Por último, hay tanta investigación para indicar alguna relación entre la crianza y el desarrollo del cerebro. Cuando los niños se sienten seguros, capaces y amados, serán más capaces de alcanzar el nivel de desarrollo cognitivo que utilizarán el resto de sus vidas.
- Esta es una versión simplificada de un tema tan complejo. No puedo terminar sin mencionar un par de cosas pertinentes que se sabe que inhiben el crecimiento cognitivo en los niños pequeños. Uno de ellos es el efecto de demasiado tiempo enfrente de una pantalla. La mayoría de los niños pasan demasiado tiempo delante del televisor. El otro es el gran esfuerzo de padres con buenas intenciones, que empujan demasiado a los niños académicamente y los estimulan de más hasta llegar al punto donde la cognición se hace lenta.

Follow me to Kindergym ! ¡ Sigueme a Kindergym !

River to Coast Children's Services offers Kindergym in Guerneville

When: Monday and Tuesday from 9:45 AM to 12:20 PM

Where: The Guerneville Veterans' Hall , corner of 1st and Church Street in downtown Guerneville.

Who: Designed for children ages 0 to 5 years, child must be accompanied by their parent/guardian/adult childcare provider

Why: To have FUN while developing friendships, connecting with community resources, learning parenting skills, and the latest about Child Development, Health, Nutrition and Safety. FREE! But donations gladly accepted

River to Coast Children's Services ofrece Kindergym en Guerneville!

Cuándo: Lunes y martes empezando a las 9:45 AM hasta 12:00 PM

Dónde: En el Guerneville Veterans' Hall, en la esquina de 1st y Calle Church.

Quién: Diseñado para niños de 0 a 5 años, el niño debe estar acompañado por sus padres, tutores o adulto proveedor de cuidado de niños

Por qué: Para divertirse al mismo tiempo que desarrollo amistades, conectándose con recursos de la comunidad, aprendiendo técnicas de crianza, y lo última sobre el Desarrollo del Niño, Salud, Nutrición y Seguridad.

GRATIS, pero las donaciones son aceptada con gusto.



Call 869.3613 for more information

Llame al 869.3613 para obtener más información

Helping Children Grow



Aplique para CSFP y reciba una caja GRATIS con comida nutritiva para niños menores de 6 años

Si tiene niños menores de 6 años y **No** están participando en WIC, usted puede ser elegible para recibir una caja GRATIS con comida nutritiva mensualmente para su familia.

Primero: Mire que su ingreso no sobrepase los límites para calificar, (cheque la línea que corresponde al número de su familia).

Numero de Familiares	Al año	Mensual	Semanal
1	\$20,036	\$1,670	\$386
2	\$26,955	\$2,247	\$519
3	\$33,874	\$2,823	\$652
4	\$40,793	\$3,400	\$785
5	\$47,712	\$3,976	\$918
6	\$54,631	\$4,257	\$1,051
7	\$61,550	\$4,553	\$1,184
8	\$68,469	\$5,706	\$1,317
Por cada extra miembro, agregue	\$6,619	\$577	\$134



Segundo: Usted es elegible si esta actualmente participando en los siguientes programas.

ESTAMPILLAS DE COMIDA o MEDI-CAL o TANF (AFDC)

Tercero: Llame al Banco de Comida al **523-7900** y pregunte por Programas.

Las Coordinadoras de Programas le asignaran a una distribución de comida mas cerca de usted.

Recuerde: Usted necesita traer su I.D. y mostrar comprobante de ingreso y la edad de su niño el primer día para inscribirse.

En acuerdo con la ley Federal y U.S. Departamento de Agricultura póliza,. A esta institución se nos prohíbe discriminar en la en las bases debido a su raza, color, país de origen, edad, sexo o por algún impedimento físico. Para quejarse en escrito de discriminación escriba a USDA, Office of Civil Rights, 1400 Independence Avenue, S.W., escriba inmediatamente al Secretaria de Agricultura, Washington, D.C. 20250-9410 o llame al (800) 795-3272(voz) o (202) 720-6382 (TTY). USDA es proveedor de oportunidades iguales y empleos.

Sign up for CSFP and receive a box of nutritious food for children under age 6

If you have a child under the age of 6 and are **NOT** participating in WIC, you may be eligible to receive a **FREE** monthly box of nutritious food for your family.

First: Check to see if your income falls at or below the amount listed to qualify, (check the line that is the same as the size of the number of people in your family).

Family Size	Annual	Month	Week
1	\$20,036	\$1,670	\$386
2	\$26,955	\$2,247	\$519
3	\$33,874	\$2,823	\$652
4	\$40,793	\$3,400	\$785
5	\$47,712	\$3,976	\$918
6	\$54,631	\$4,257	\$1,051
7	\$61,550	\$4,553	\$1,184
8	\$68,469	\$5,706	\$1,317
For each additional member, add	\$6,619	\$577	\$134



Second: You are also eligible for this program if you are currently enrolled in the following programs.

FOOD STAMPS or MEDI-CAL or TANF (AFDC)

Third: Call Redwood Empire Food Bank at **523-7900** and ask for Programs.

The Programs Coordinator will assign you to a food give away location in your neighborhood.

Remember: You will need to bring your I.D. and show proof of income and the age of your child at the first food give-away.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

CALENDAR MARCH 2011 MARZO CALENDARIO

- 3/1: Kindergym in Guerneville, 9:45 to 12:20 at the Vets' Hall in Guerneville
- 3/2: Kindergym in Forestville
- 3/5: Attendance sheets due in RCCS by 5 PM ✦ Hoy es el día límite de las Hojas de Asistencia a las 5 PM
- 3/7 and 8: Kindergym in Guerneville
- 3/9: Kindergym in Forestville
- 3/8: Parent, Provider and Program (PPP) Committee meets at 6:00 PM at RCCS. Call Soledad at 869.3613 x 107 ✦ El Comité de Padres, Proveedores y Programas (PPP) se reúne a las 6:00 PM en RCCS. Por favor llamar a Soledad al 707-869-3613 x 107
- 3/14 and 15: Kindergym in Guerneville
- 3/16: Kindergym in Forestville
- 3/16: Provider and Parents Workshop, "Social Emotional Development" ✦ Taller de proveedores y padres, "Desarrollo Social y Emocional", 6:15 to 8:15 PM, at/en RCCS, RSVP Mendy or Olga at 869-3613
- 3/18: Provider Payday ✦ Día de pago de los proveedores
- 3/21 and 22: Kindergym in Guerneville
- 3/23: Kindergym in Forestville
- 3/23: Board of Directors meeting ✦ Mesa Directiva de RCCS se reúne, 6:30 at RCCS
- 3/23: Outreach Committee meeting 5:30 PM at RCCS ✦ El comité de publicidad de RCCS se reúne de 5:30 PM en RCCS
- 3/28 and 29: Kindergym in Guerneville
- 3/30: Kindergym in Forestville

Our Sincere THANKS to the following donors:

◆◆◆◆ *McT's Bull Pen* ◆◆◆◆ *Ms Barbara McNally* ◆◆◆◆ *Nona & Jerry Passalacqua* ◆◆◆◆

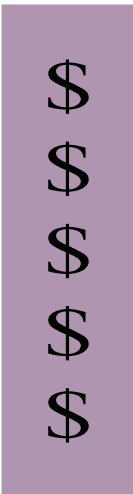


River to Coast Children's Services
Resources, Referrals, and Support • Recursos, Referencia y Apoyo



**Hello
RCCS! My parents
want FREE tax preparation!**

River to Coast Children's Services is a site where parents can come to get FREE TAX PREPARATION assistance and get help applying for their EARNED INCOME TAX CREDIT. Parents should call for an appointment: 707.869.3613. Saturday appointments available starting Feb 5, 2011.



DAYLIGHT SAVINGS TIME BEGINS MARCH 13! SET YOUR CLOCKS AHEAD ONE HOUR!

YOU MAY BE ELIGIBLE FOR THESE TAX CREDITS, EVEN IF YOU DON'T OWE INCOME TAX:

- Up to \$2,100 from the Federal Child and Dependent Care Tax Credit AND up to \$1,050 from the California Tax Credit for Child and Dependent Care Expenses.
- Up to \$5,666 from Federal Earned Income Credit (EITC)
- Up to \$1,000 per child from the Federal Child Tax Credit
- Up to \$880 from the Making Work Pay Credit (if you haven't already received it in your take-home pay)

BUT, YOU MUST FILE A TAX RETURN TO GET THIS MONEY BACK!



Save the Date
Reserve el Día

2011 Evening of Honor Una Noche de Homenaje

A Celebration of the Early Childhood Education Community

Una Celebración de la Comunidad
para la Educación de la Edad Temprana

Friday, April 15, 2011
Viernes, 15 de abril, 2011
6 - 8 pm

An Adult-Only Event - Solamente Adultos Por Favor

Light Refreshments - Refrescos

Honors & Recognition - Homenaje y Reconocimiento

Mary Agatha Furth Center
8400 Old Redwood Hwy, Windsor

*Do you know someone who is retiring? -
Conoce a alguien que se va a retirar?
Please contact/Por favor comuníquese con
Laura Vallejo: lvallejo@santarosa.edu*

*Do you know someone who deserves or needs a "hug" award?
Conoce a alguien que merece o necesita un premio "abrazo"?
Please contact/Por favor comuníquese con
Cynara Martin: cynarag@sonic.net*

This event is sponsored by:
Este evento es auspiciado por:

Sonoma County Association for the Education of Young Children (SCAAYC), Child Care Planning Council of Sonoma County (CCPC), Community Child Care Council (4Cs) of Sonoma County, CAP of Sonoma County Head Start, River to Coast Children's Services, PaceAPP and SRJC Child Development Department.

INFORMATION FOR CHILD CARE PROVIDERS

★★★★★

INFORMACIÓN PARA PROVEEDORES DE CUIDADO INFANTIL



CARES = EXTRA MONEY??

YES! If you work in *early care and education* you may be eligible for **EXTRA MONEY** to pursue your degree and achieve higher levels of education! Administered by the Child care Planning Council of Sonoma county (CCPC), Sonoma CARES is a program designed to reward and encourage continued professional development through education, advising and support in early care and education programs.

Applications are due by March 10, 2011. Don't wait for the deadline, apply now!

Si usted necesita información en español, por favor comuníquese con la oficina de CARES a 707.542.2792 o csimmons@scoe.org

Save the dates! Stand for Children Day: May 4th, 2011 in Sacramento

The annual Stand for Children day is an opportunity to display our powerful collective commitment to California's children through skill-building, advocacy, testimony and celebration.

Last year over 500 parents and child care supporters from more than 22 counties advocated on behalf of California's children. Call RCCS for information on how you can participate.

OUR REFERRAL POLICY

River to coast children's services' referral policy is based on respecting parental choice. Responsibility for selecting child care rests with each parent. RCCS assists parents in finding the widest range of available child care and offers information to help families evaluate available child care options. A RIVER TO COAST CHILDREN'S SERVICES referral is not a recommendation or a guarantee of quality care. Parents should carefully interview and check references of potential child care providers before leaving a child in their care.

For Information on all licensed family child care homes and centers call Community Care Licensing at 707.588.5026

River to Coast Children's Services. 707.869-3613.
info@rccservices.org / www.rccservices.org

ALGUNOS PUNTOS DE NUESTRA POLIZA DE REFERENCIAS

La poliza de referencias de RIVERTO COAST CHILDREN'S SERVICES respeta la preferencia de los padres. La responsabilidad de escoger el cuidado de niños es de los padres. Asistimos a los padres a encontrar la variedad más amplia de cuidado de niños que se ofrece y ofrecemos información para evaluar el cuidado de niños. Una recomendación de RCCS no significa una garantía de calidad. Les pedimos a los padres que hagan una entrevista cuidadosa y que examinen las recomendaciones antes de que dejen un niño al cuidado de otra persona.

Padres que están buscando información acerca de quejas previas de una casa o centro con licencia para cuidar niños, pueden llamar a Community Care Licensing tel. 588-5026.

Para registrar una queja llamen al mismo numero al River to Coast Children's Services. 707.869-3613.

FREE Parenting Group

Friday Mornings at 8:30 AM

at Guerneville School

*Put the fun back in
being a parent!*

*Your kid didn't come with
a manual?
Even the best parent
can't think of everything!*



Here is a chance to practice simple strategies in a group that offers a safe, non-judgmental environment, simple strategies you may not have thought of. Find out what works for EVERY parent. Learn simple ways to improve the relationship with your children, maintain control of your household and increase your children's cooperation.

Come to the school office to ask for the room number & join us.
Call 865-1200 Ext. 103

Facilitated by D. Breeze Holloway MA, MFTI #62525



Your Government Officials

GOVERNOR

Jerry Brown
State Capitol Building Ste 1173
Sacramento, CA 95814
Phone: (916) 445-2841
FAX: (916)445-4633
Email: gov.ca.gov/interact

UNITED STATES SENATE

Senator Barbara Boxer
1700 Montgomery Street, Ste 240
San Francisco, CA 94111
Phone: (415) 403-0100
Fax: (415) 956-6701
Email: senator@boxer.senate.gov

Senator Diane Feinstein
One Post Street, Suite 2450
San Francisco, CA 94104
Phone: (415) 393-0707
Email: senator@feinstein.senate.gov

CONGRESSIONAL REPRESENTATIVES

Representative Mike Thompson
240 Main Street, Ste 101
Napa, CA 94959
Phone: (707)226-9898
Fax: (707)251-9800
Email: M.Thompson@mail.house.gov

Representative Lynn Woolsey
1101 College Avenue, Ste 400
Santa Rosa, CA 95404
Phone: (707) 542-7182
Fax: (707) 542-2745
Email: www.house.gov/woolsey

STATE SENATE

State Senator Mark Leno
455 Golden Gate Avenue, Ste 14800
San Francisco, CA 94102
Phone: (415) 557-1300
Fax: (415) 557-1252
Email: senator.leno@sen.ca.gov

State Senator Noreen Evans
50 D Street, Suite 120 A
Santa Rosa, CA 95404
Phone: (707) 576-2771
Fax: (707) 576-2773
Email: senator.evans@sen.ca.gov

STATE ASSEMBLY

Assemblyman Wes Chesbro
50 D Street, Ste 450
Santa Rosa, CA 95404
Phone: (707) 576-2526
Fax: (707) 576-2297
Email: wes.chesbro@asm.ca.gov

Assemblyman Michael Allen
50 D Street, Suite 301
Santa Rosa, CA 95404
Phone: (707) 546-4500
Fax: (707) 546-9031
Click here to contact via email.

Assemblyman Jared Huffman
3501 Civic Center Drive, Room 412
San Rafael, CA 94903
Phone: (707)938-8157
Fax: (415)479-2123
Email: jared.huffman@asm.ca.gov

PROVIDERS! Save the date for a PEDIATRIC CPR/FIRST AID TRAINING.

You can choose from any one of the following 2011 Saturday dates:

◇ March 5 ◇ June 4 ◇ September 3 ◇ December 3 ◇

If you wish to sign up for one of the trainings please contact:

Stephanie Mashek, trainer at 887-2452

AND Mendy at 869-3613 ext 117

All trainings to take place at RCCS Conference room

SAVE THIS DATE TO CELEBRATE
THE 6TH ANNUAL

June 11, 2011

Enchanted Wine Country Evening

KORBEL CHAMPAGNE WINE CELLARS ONCE AGAIN HOSTS THIS CELEBRATION OF FABULOUS FOOD, FINE WINES, FANTASTIC AUCTIONS AND MUSIC.

*A great time for a great benefit.
River to Coast Children's Services.*

FOR DETAILS & TO PURCHASE TICKETS CALL RCCS AT 707.869.3615



WELCOME TO NEW STAFF MEMBER and Child Development Resource Specialist Diana Denisoff her email is : ddenisoff@rccservices.org

NOTE NAME CHANGE: Family Case Manager, Tess MacNeil, is now using her married name, Tess Lowe. Our congratulations to Tess and Max! Her new email: tlowe@rccservices.org

Following are the names of

River to Coast Children's Services

Staff and their phone number extensions.

(707) 869-3613 / from the Sonoma Coast 1-800-994-3613

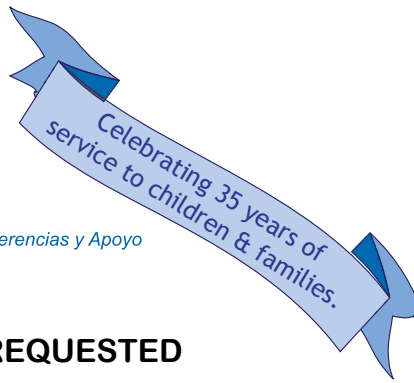
Donna Roper (Executive Director) 111
Kellie Nunez (Operations Manager) 105
Fran Levy (Bookkeeper) 106
Sally Ingram (Case Management Coordinator) 109
Soledad Cardona (Family Case Manager) 107
Tess Lowe (Family Case Manager) 114
Rosie Hernandez (Family Case Manager) 110
Mendy Behrens (Child Development Resource Specialist) 117
Cara Colombo (Child Development Resource Specialist) 112
Olga King (Child Development Resource Specialist) 103
Elaina Boyce (Community Resources Coordinator, Newsletter Editor) 104
Vesta Griffith (Office/Reception) Front Desk Staff 101
Breeze Holloway, Counseling Intern. For an appointment, please leave message & phone number at extension 153 and Breeze will return your call.



River to Coast Children's Services

Resources, Referrals & Support ❖ Recursos, Referencias y Apoyo

P.O. Box 16
Guerneville, CA 95446



**U.S. POSTAGE
NON-PROFIT
GUERNEVILLE, CA 95446
PERMIT #18**

RETURN SERVICE REQUESTED

River to Coast Children's Services

P.O.Box 16/16300 1st St.
Guerneville, Ca 95446
(707)869-3613
Fax(707) 869-2616
email: info@rccservices.org
http://www.rccservices.org

River to Coast Children's Services
Serving west Sonoma County with:

- Help paying for child care
- Referrals for child care
- Resources for children and their families
- Support for child care providers
- Emergency Resources Program
- Kindergym and Infantgym in Guerneville
- Car Safety Seat Program
- Counseling Program for children and their families

River to Coast Children's Services

P.O.Box 16/16300 1st St.
Guerneville, Ca 95446
(707)869-3613
Fax(707) 869-2616
email: info@rccservices.org
http://www.rccservices.org

River to Coast Children's Services
Sirviendo el Oeste del Condado de Sonoma con:

- Referencias para el Cuidado de Niños
- Recursos para los Niños y sus Familias
- Apoyo para los Proveedores del Cuidado de Niños
- Ayuda Monetaria para el Cuidado de Niños
- Programa de suministros de Emergencia
- Gimnasio para Niños en Guerneville
- Programa de Asientos de Seguridad
- Programa de Conserjería

TIEMPO DE AHORRAR ELECTRICIDAD COMIENZA MARZO 13TH.



**RCCS
Hola! Mis
padres quieren que la
preparación de impuestos
sea GRATIS!**



Usted puede venir a River to Coast Children's Services y obtener ayuda para obtener su crédito EARNED INCOME TAX CREDIT. Los padres pueden llamar y hacer una cita: 707-869-3613. Se harán citas para los sábados empezando el 5 de febrero del 2011.

Deba usted o no impuestos sobre sus ingresos, podría obtener miles de dólares en créditos fiscales. Si pudiera calificar para:

- Hasta \$2,100 del crédito fiscal federal Child CareTax Credit y hasta \$1,050 del crédito estatal California Tax Credit for Child and Dependent Care Expenses.
 - Hasta \$5,666 del crédito fiscal federal Earned Income Tax Credit.
 - Hasta \$1,000 por cada niño crédito fiscal federal Child Tax Credit.
 - Hasta \$800 del crédito federal Making Work Pay, si aún no lo ha recibo en su salario neto.
- PARA OBTENER ESTOS CRÉDITOS, DEBE PRESENTAR ONA DECLARACIÓN DE IMPUESTOS.**

